

BRAIN POWER

High-Beta, Alpha, Theta and Delta Frequencies

Brain Power delivers 60 minutes of brain optimizing frequencies designed to stimulate dormant energy centers in your brain. The special combination of frequencies selected have been associated with higher cognitive function, visual acuity, concentration, creativity and increased intuitive abilities. Within minutes window frequencies trigger the formation of new, deeper connections between brain cells. You are swept into the *Flow State* of relaxed concentration as both right and left hemispheres of your brain move into perfect rhythm. This balancing action gently dissolves frustrating mental blocks and fears. The Flow State is recognized as a transcendent state of consciousness marked by moments of exhilaration, relaxed concentration and timelessness. You feel invigorated as fresh neural pathways are opened to effortlessly access the other 90% of your untapped ability to learn, recall, and create new ideas.

Clinically Proven Method

This program balances right and left hemispheres of the brain to produce the remarkable mental state known as Hemispheric Synchronization. A special feature of Brain Sync technology is the use of scientifically researched frequencies called Window Frequencies, which fit through narrow biological windows to impact the body at a cellular level. Cumulative training benefits include: Increased ability to focus and concentrate, greater clarity of thought and improved memory.

Instructions for Listening

Listen at a time when you will not be disturbed. Sit or lie comfortably with your spine straight. This allows your natural channels of energy to open and flow freely. Close your eyes and breathe slowly and deeply. For maximum long term benefits, listen daily for a period of six to eight weeks – or after as needed.

**To experience the brain optimizing effects of this program,
listen with headphones.**

BRAIN  SYNC

To receive a catalog or for more information call

800-444-SYNC

or visit our web site for secured credit card processing:

www.brainsync.com